

基礎練習フレーズ

ストレッチと運指、アウトサイドピッキング

favio watanabe

14-12-14-10-14-12-14 | 14-12-14-10-14-12-14 | 15-14-15-12-15-14-15 | 15-14-15-12-15-14-15

T 10 10 12 12
A
B

5

12-10-12-9-12-10-12 | 12-10-12-9-12-10-12 | 10-9-10-7-10-9-10 | 10-9-10-7-10-9-10

T 10 10 7 7
A
B

9

7-5-7-3-7-5-7 | 7-5-7-3-7-5-7 | 10-9-10-7-10-9-10 | 10-9-10-7-10-9-10

T 3 3 7 7
A
B

13

10-9-10-7-10-9-10 | 10-9-10-7-10-9-10 | 12-10-12-9-12-10-12 | 12-10-12-9-12-10-12

T 9 9 10 10
A
B